

一、選擇題(每題 2 分共 30 分有複選題)

1. ()體育之英文(1) Physical Activities ; (2)Sport ; (3)Exercise ; (4)Movement (5) 以上皆非(6) Physical Education 。
2. ()運動之英文(1)Physical Education ; (2)Sport ; (3)Exercise ; (4)Movement (5)Physical Activities(6)以上皆非 。
3. ()運動生物力學之英文(1) Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport Sociology (5) Sport Philosophy 。
4. ()運動生理學(1) Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport Sociology (5)以上皆非(6) Sport Philosophy 。
5. ()運動心理學(1) Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport Sociology (5) Sport Philosophy(6)以上皆非 。
6. ()運動哲學(1) Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport Sociology (5) Sport Philosophy(6)以上皆非 。
7. ()運動社會學(1) Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)以上皆非(5)Sport Philosophy(6) Sport Sociology 。
8. ()運動訓練學(1)Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport Sociology (5) Sport Philosophy(6)以上皆非 。
9. ()競技體育(1)Sport Philosophy ; (2)Sport ; (3) Sport Physiology ; (4)Sport Sociology (5)以上皆非(6) Athletics 。
10. ()全民體育(1)Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport for all (5) Sport Philosophy(6)以上皆非 。
11. ()休閒運動(1)Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport for all (5)以上皆非(6)Recreation Sport 。
12. ()目前最夯的運動科學(1)Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport for all (5)以上皆非(6)Recreation Sport 。
13. ()目前第二夯的運動科學(1)Sport Biomechanics ; (2)Sport Psychology ; (3) Sport Physiology ; (4)Sport for all (5)以上皆非 。
14. ()運動生物力學解決甚麼問題(1)運動技術 ; (2)運動訓練 ; (3) 運動教學 ; (4)運動價值(5)以上皆非 。
15. ()運動心理學解決甚麼問題(1)運動技術 ; (2)運動訓練 ; (3)運動教學 ; (4) 運動價值(5)以上皆非 。

中國文化大學 99 學年度轉學招生考試

系組：體育學系 A 班二、B 班二年級

日期節次：7 月 27 日第 3 節 13:30-14:50

科目：體育與運動科學導論 (100-53)

二、請將體育運動概念翻譯成中文(每題 10 分)

1. B.M. NIGG (1993) Definition of Physical Education: the academic discipline which educates professionals to work in practical and educational jobs relates to physical activity and sports, e.g. teachers of sport in schools and fitness instructors.
2. Werner W. K. Hoeger & Sharon A. Hoeger (1994): American Medical Association, Which has defined physical fitness as the general capacity to adapt and respond favorably to physical effort. Individuals are physically fit when they can meet the ordinary as well as the unusual demands of daily life safely and effectively without being overly fatigued. And still have energy left for leisure and recreational activities.
3. Corbin & Lindsey (1997): Health is optimal well-being that contribution to quality of life. It is more than freedom from disease and illness, through freedom from disease importance to good health. Optimal health includes high-level mental, social, emotional, spiritual, and physical fitness within limits of one's heredity and personal disability.

三、問答題(每題 20 分共 40 分)

1. 請給體適能與健康定義。
2. 請給休閒運動與全民體育定義。

本 試 題 採
雙 面 印 刷

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